




KAI CUKLIG MASAD

Black seed month

Early Childhood Education Center

LunaS-Monday	Go:k tas-Tuesday	Vaik-tas- Wednesday	Gi'ik Tas-Thursday	VialaS-Friday
		1	2	3
		Breakfast Pizza Juice Haicu biadag (Fruit) Vi:p (milk)	Muffin Cheese stick Juice Haicu biadag (Fruit) Vi:p (milk)	Oatmeal Boiled egg Juice Haicu biadag (Fruit) Vi:p (milk)
6	7	8	9	10
Cereal Juice Haicu biadag (Fruit) Vi:p (milk)	Cinnamon roll Juice Haicu biadag (Fruit) Vi:p (milk)	Pancakes Sausage patty Juice Haicu biadag (Fruit) Vi:p (milk)	Banana bread Juice Haicu biadag (Fruit) Vi:p (milk)	Cream of wheat Boiled egg Juice Haicu biadag (Fruit) Vi:p (milk)
13	14	15	16	17
Cereal Juice Haicu biadag (Fruit) Vi:p (milk)	Pancakes Juice Haicu biadag (Fruit) Vi:p (milk)	Breakfast burrito Juice Haicu biadag (Fruit) Vi:p (milk)	Bagel w/ Crème cheese Juice Haicu biadag (Fruit) Vi:p (milk)	
20	21	22	23	24
Cooks	Choice		This	Week
27	28	29	30	31
NO SCHOOL				





KAI CUKLIG MASAD

Black seed month

Early Childhood Education Center

Lunas-Monday	Go:k tas-Tuesday	Vaik-tas- Wednesday	Gi'ik Tas-Thursday	Vialas-Friday
		1	2	3
		Cooks Choice	Orange chicken Stir fried rice Haicu biadag (Fruit) Vi:p (milk)	Spaghetti ½ Breadstick Haicu biadag (Fruit) Vi:p (milk)
6	7	8	9	10
Chicken nuggets Tator tots Haicu biadag (Fruit) Vi:p (milk)	Chicken taco Refried beans Haicu biadag (Fruit) Vi:p (milk)	Cooks Choice	Char-cute-erie tray Haicu biadag (Fruit) Vi:p (milk)	BBQ pork Mac and Cheese Dinner roll Haicu biadag (Fruit) Vi:p (milk)
13	14	15	16 Last day of School	17 NO SCHOOL
Beef taquito Steamed veggies Haicu biadag (Fruit) Vi:p (milk)	Thanks giving bowl Dinner roll Haicu biadag (Fruit) Vi:p (milk)	Pizza Veggie dippers Haicu biadag (Fruit) Vi:p (milk)	Cooks Choice	
20	21	22	23	24
Cooks	choice		this	week
27	28	29	30	31
No School				





KAI CUKLIG MASAD

Black seed month

Early Childhood Education Center

LunaS-Monday	Go:k tas-Tuesday	Vaik-tas- Wednesday	Gi'ik Tas-Thursday	VialaS-Friday
		1	2	3
		Half turkey sandwich	Fruit cup Graham cracker	Tortilla Cheese stick
6	7	8	9	10
Crackers Fresh fruit	Pretzel Cheese sauce	Ham and cheese on a roll	Cereal Milk	Vanilla yogurt Diced peaches
13	14	15	16	17
Waffle Milk	Broccoli Cheese sauce	Turkey on a roll	Whole grain cookie Vi:p (Milk)	
20	21	22	23	24
Cooks	Choice		This	Week
27	28	29	30	31
No School				

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [How to File a Complaint](#), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

1. mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;
2. fax: (202) 690-7442; or
3. email: program.intake@usda.gov.